

The health effects of smoking

Oral cancer (mouth, throat, oesophagus, larynx)
Premature tooth loss, staining
Gastro oesophageal reflux

Stroke
Hair loss
Hearing loss
Eyesight
Gum disease
Sinusitis

Ischaemic heart disease
Chronic obstructive pulmonary disease
Spontaneous pneumothorax
Aortic aneurism
Peripheral vascular disease
Lung cancer
Pneumonia

Pancreatic cancer
Back pain, disc degeneration
Peptic ulcer

Delayed/impaired wound healing
Skin -ageing, wrinkles
Osteoporosis
Impaired immune system

Crohn's disease
Bladder cancer
Early menopause
Impotence
Cervical cancer
Infertility

During Pregnancy

- Spontaneous abortion
- Foetal/neonatal death
- Lower than average birth weight
- Premature labour

Tobacco smoke contains more than 4,000 chemical compounds. Many of these agents are toxic and at least 43 can cause cancer.

Tobacco is a known or probable cause of at least 25 diseases, including lung and other cancers, heart disease, stroke, emphysema and other chronic lung diseases.

Tobacco is also a major cause of morbidity and disability. Smoking related diseases account for between 6% and 15% of all annual healthcare costs.

(From: www.Treatobacco.net)

ETS Environmental Tobacco Smoke

- Otitis media
- SIDS
- Congenital malformation, cleft lip/palate
- Respiratory infections
- Asthma
- Poor lung function
- Greater chance of becoming a smoker

