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Ask and document tobacco use.

Ex-Smoker
Quit for less than 12 months.

Assess - Any slips?

Advise/Assist

Affirm decision to quit
Work through any difficulties.

Arrange

Other sources of support if needed eg follow-up appointment, ***QUITLINE 131 848.***

Non-smoker
Quit more than 12 months.

Current Smoker

Assess motivation and confidence to quit.
" Are you interested in quitting".

Yes

Advise/Assist

Affirm decision to quit. Set a quit date and develop plan. Offer Quitline card or Quit book.

Assess nicotine dependence, recommend pharmacotherapy if required.

Arrange

Follow-up appointment. Referral to the ***QUITLINE 131 848*** and other sources of support if required.

No

Advise/Assist

State importance of considering quitting and acknowledge their right to choose.

Arrange

"I can help when you are ready"