

Gum disease, also called **Periodontitis**, is the disease that causes people to lose their teeth.

- If you smoke you are :
- four times more likely to have periodontitis
 - twice as likely to lose some of your teeth
 - four times more likely to lose all of your teeth

Heavy smokers are six times more likely to develop oral cancer.

What Quitline Offers You!

- Support** friendly and expert advice
- Help** we will assist you to plan your way to success
- Ongoing Support** .. we will be there for you while you're quitting
- How to cope** tips on handling stress, weight gain & nicotine replacement

We're always available!

Call the Quitline 131 848

Cigarette smoke causes oral cancer,
gum disease and tooth loss.



WARNING: CIGARETTES CAUSE MOUTH DISEASES

Thinking of quitting smoking?
Let us talk you through it.

 **Quitline**

131 848

